



## THE 12 PROMISES OF THE SACRED HEART

1. I will give them all the graces necessary for their state of life.
2. I will establish peace in their families.
3. I will comfort them in all their difficulties.
4. I will be their refuge during life and especially at the hour of death.
5. I will shed abundant blessings upon all their undertakings.
6. Sinners shall find in My Heart a fountain and boundless ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise speedily to great perfection.
9. I will give to priests the power of touching the hardest hearts.
10. I will bless those places where the image of my Sacred Heart shall be exposed and venerated.
11. Those who propagate this devotion shall have their names written in My Heart never to be blotted out.
12. I promise thee, in the excessive mercy of My Heart, that My all-powerful love will grant to all who communicate on the first Friday of the month for nine consecutive months, the grace of final penitence; they shall not die in My displeasure nor without their sacraments: My Divine Heart shall be their safe refuge in this last moment.

